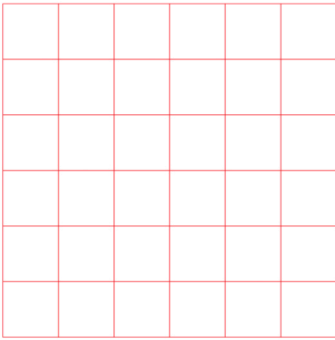


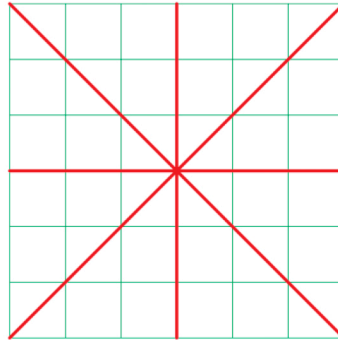
# نصائح حلقة



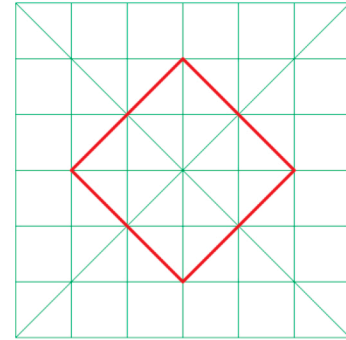
1



2



3



4

